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The NPAP Training Institute

CERTIFICATE PROGRAMS TOWARDS PSYCHOANALYSIS



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ADMISSION

There are two tracks in the NPAP Psychoanalytic Certificate Program:

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PROGRAM TRAINING TRACKS

	LICENSE-QUALIFYING TRACK IN PSYCHOANALYTIC CERTIFICATE PROGRAM	ALREADY LICENSED TRACK PSYCHOANALYTIC CERTIFICATE PROGRAM
TIME	6-10 years	6-10 years
QUALIFICATION	Candidates with a master's degree in any discipline including the arts, social sciences, psychology, medicine, law, religion and humanities.	Licensed mental health professionals (clinical psychology, social work, medicine, physician's assistant, registered professional nurse, or nurse practitioner.)
COURSE HOURS	All required courses at the 600, 700 levels and 800 levels.	All required courses at the 600, 700 levels and 800 levels.
PERSONAL ANALYSIS	450	450
PATIENT HOURS	1000 Direct patient hours	1000 Direct patient hours
SUPERVISION	300 hours of weekly supervision	300 hours of weekly supervision
COST	\$500 per course \$250 annual fees + cost of personal analysis and supervision.	\$500 per course \$250 annual fees + cost of personal analysis and supervision.

Training

Becoming a psychoanalyst is a complex and rigorous undertaking involving the following components:

PERSONAL ANALYSIS

An important requisite for psychoanalytic training is the candidate's own personal psychoanalysis. It provides the candidate with in-depth, direct personal experience in the psychoanalytic treatment process. NPAP requirements for Analysis are defined in the Training Details section. Psychoanalysis is the only mental health discipline that requires a trainee to have gone through personal analysis.

CURRICULUM

The curriculum consists of required and elective courses, offering a thorough grounding in traditional and contemporary psychoanalytic concepts and practice, including but not limited to classical psychoanalysis, ego psychology, object relations, Kleinian theory, self-psychology, Lacanian theory, and the relational school. Any or all of these perspectives may serve as the foundation for the candidate's own approach to clinical practice. Electives and optional independent study provide opportunities for specialized work in areas of the candidate's own choosing. All courses emphasize the integration of theory and treatment techniques.

Movement through the training is guided by a series of collegial, committee evaluations as training progresses.



CLINICAL EXPERIENCE

Candidates must acquire experience working with patients in individual psychotherapy and psychoanalysis, under approved, qualified supervision.

All candidates, whether presently licensed or not, can begin meeting the clinical practice requirements of the NPAP training after completing certain requirements in course work and personal analysis and passing an evaluation examination. For clarification of additional requirements, please see the Training Details section.

NPAP has a treatment service, the Theodor Reik Clinical Center for Psychotherapy (TRCC), which can provide clinical experience for Candidates.

Candidates presently licensed in NY State in a mental health discipline that includes psychoanalysis in the scope of practice may meet NPAP's clinical experience requirements by affiliating with TRCC to receive patient referrals. Or they may gain experience by conducting individual therapy with private patients in their own offices. They must obtain supervision from qualified supervisors with the NPAP Training Institute.

Candidates in the License-Qualifying track of the NPAP Training Program must work with patients in affiliation with TRCC. TRCC provides the candidates with patient referrals, office space, administrative services and clinical supervision. The candidate chooses the clinical supervisor who is a current qualified member of the NPAP Training Institute by mutual agreement between the candidate and supervisor.

COMPLETION OF NEW YORK STATE REQUIREMENTS

Candidates pursuing the New York State License in Psychoanalysis may choose to apply for the license after completing requirements including certain required courses, 3 time-per-week Personal Analysis, and at least 750 direct clinical practice hours under supervision.

CONTROL ANALYSIS

The practice of psychoanalysis under intensive supervision is called Control Analysis. During the last level of training, the candidate is required to work with two different patients in Control Analysis, at a frequency of three or more times a week. One patient must remain in treatment for approximately one year (with at least 50 supervisory sessions), the other for approximately two years (with at least 100 supervisory sessions). The two control analyses may run concurrently. The candidate selects a different supervisor for each case and meets weekly with the supervisor to focus in depth on the course of each analysis.

COMPLETION OF NPAP TRAINING

Graduation from the NPAP training program in psychoanalysis is based on the recommendation of an evaluation committee, which reviews the candidate's academic record and hears a Final Case Presentation by the candidate. The graduate is eligible to join NPAP's robust society of graduates.

Admission

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MASTERS - LEVEL GRADUATES WELCOME

We welcome Masters-level graduates. in the humanities, arts, sciences, law, business, social work, psychology, religion, and medicine. We offer training to those with all levels of experience – or no experience at all. Comprehensive training is offered for all qualified applicants and not just those from mental health or healthcare fields.

Our training fulfills requirements for the NY State license in Psychoanalysis. Candidates with an MSW or MA in Psychology can gain clinical experience towards licensing.

ADMISSIONS

Enrollment Level:

This is the level at which applicants enter NPAP if they have had no prior psychoanalytic training or certification.

Advanced Standing:

The Institute welcomes applications for advanced standing from persons with previous training or certification from a recognized psychoanalytic institute.

The Student Exchange and Visitor Program (SEVIS):

NPAP's Psychoanalytic Training welcomes foreign students who have or wish to apply for F-1 visas through the United States SEVIS program. International Students who seek the New York State License in Psychoanalysis and who have a master's degree from outside the US must have their degrees approved by NY State prior to admission to the program.

APPLY NOW

Please fill out the application at Apply Now: <https://npap.org/jotform-npap-new-student-application/>

INTERVIEW

Two Enrollment Interviews: All applicants complete successfully a minimum of two enrollment interviews evaluating suitability for psychoanalytic training and be at least 25 years of age.

Thanks
for your interest.



National
Psychological
Association for
Psychoanalysis