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June 5, 2020

Dear NPAP Community,

NPAP stands in solidarity with peaceful protests to express horror and outrage against white supremacy and social injustice. We condemn the murder of Black people by police. We abhor the militarization of our police force. We pledge to fight racism wherever we encounter it – in our own unconscious, in our institutions, and in the social world around us.

Regards,

Liz and Peter

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MITO
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A Statement from the Members in Training Organization (MITO) of the National Psychological Association for Psychoanalysis (NPAP)

As events unfold in the aftermath of the murders of George Floyd, Ahmaud Arbery, Breonna Taylor, Tony McDade, and countless others, we share with our community the feelings of deep pain, sorrow, anguish, and anger. We recognize that these deaths are enactments of systemic anti-Black racism. We condemn white supremacy and believe that Black lives matter. We stand with Black communities in the call for justice and equity. As psychoanalysts and psychotherapists, we renew our commitment to keep working to dismantle systemic and pervasive racism.

Further, we condemn the systemic inequities illuminated by the impact of COVID-19. [As data and research have shown](#), communities of color have been disproportionately affected by the current global pandemic, leading to more death, trauma, and emotional pain.

The ongoing violence against Black people in our society highlights a very specific traumatic pain. As psychoanalysts and psychotherapists, we affirm the need to hold space for people of color to grieve and heal from these atrocities and recognize the vital importance of psychological transformation, healing, health, and well-being. Thus, we will continue to expand our ability to work, as effectively as possible, with the trauma of racism that people experience both as individuals and as members of a group.

As this is a time for action, we commit ourselves to:

- Work with TRCC to find ways to reach out to communities especially affected by systemic racism.
- Promote an on-going, genuine discussion on racial bias.
- Promote an open psychoanalytic discussion on the history and present reality of oppression, segregation, and racism.
- Continue deconstructing racism from psychoanalytic points of view.
- Working harder to contribute to dismantling white supremacy in all its forms, institutional and otherwise.

In solidarity,
MITO Executive Committee