



National
Psychological
Association for
Psychoanalysis

How much does training at NPAP cost?

The exact cost of completing the NPAP Psychoanalytic Training Program is difficult to predict because of the many variables that influence cost. Each candidate will have a unique trajectory through the training and, thus, cost from candidate to candidate may vary widely. Some of the variables to consider are:

- the **length of time** spent in the Psychoanalytic Training Program
- the **training track** followed by the candidate
- and the ability of the candidate to find or **negotiate reduced fees** for supervision and personal psychoanalysis.

Time spent in training:

Because the NPAP Psychoanalytic Training is designed to allow each candidate some flexibility in the pace of their progress, estimating the length of the training is an important consideration.

Graduates over the past 10 years have taken between 7 years and 18 years to progress through the entire training program. The average length of time in the training for graduates in the last 10 years has been 10 years.

Candidates interested in achieving the NYS License in Psychoanalysis (LP) during their NPAP training have typically been able to complete the NYS State requirements for licensure in 5 years to 16 years, with an average of about 7 years. After completing the NYS Training Requirements, it takes further time to prepare for and achieve the License in Psychoanalysis. (Candidates who achieve the NYS License in Psychoanalysis [LP] during their training may begin working professionally while completing the NPAP Psychoanalytic Training.)

Training track:

While course work and personal analysis requirements are the same for everyone, prior training, experience, and licensure will influence which training track a candidate must follow through training. It is best to consult the NPAP Bulletin to determine which training track is appropriate for you.

Estimating Training Costs:

Given the above description, each applicant can estimate training costs for themselves based upon the information here for each category:

- **Course work:**
 - 32 12-week courses and

- 9 6- week courses
The current cost per course is \$500 for 12 weeks \$250 for 6 weeks.

That totals \$18,250.00 for course work, spread over the time of training. Some Candidates choose to take additional elective courses during training.

- **Annual Fee:** All Candidates pay an annual registration fee as long as they remain in the program which, at this point, is \$250 per year.
- **Personal Psychoanalysis:** Fee arrangements for the personal psychoanalysis are made directly between the candidate and their analyst. These fees may vary widely.
 - Many NPAP Members are willing to reduce fees considerably to help candidates in training.
 - Fees may range from as low as \$50 per session to upwards of \$150/\$200 with an average fee of \$75.
 - Thus, completing the required minimum of 450 hours of personal psychoanalysis may cost an average of \$11,250 per year at \$75, \$7,500 per year at \$50, or \$30,000 at \$200.
 - It is recommended that candidates remain in some form of psychodynamic therapy or analysis throughout their training, and most candidates choose to do so. This will result in additional costs.
- The **Supervised Clinical Experience** portion of the training will vary widely depending on the training track of each candidate. Though the minimum program requirement for supervision is at least 300 hours for all candidates, NPAP requires that a candidate continue in supervision after meeting the requirement for the duration of training.
 - It is rare that a candidate in training completes only 300 hours of supervision.
 - The number of hours of supervision will vary depending on the length of time a candidate takes to complete the training program.
- Supervision fees for candidates in the NYS License-qualifying track are set by NPAP at \$55 per session. The minimum required 300 sessions of supervision would cost \$16,500.
- Already licensed candidates arrange their supervision fees directly with their supervisor.
 - These fees may vary widely. A supervision fee of \$50 would result in a minimum supervision cost of \$15,000. A supervision fee of \$200 would result in a minimum supervision cost of \$60,000.
- While candidates in the NYS License-qualifying track must work with their patients through NPAP's TRCC clinic, already licensed candidates are allowed to gain their clinical experience in their own private practices. Thus, patient fees that they set and collected are their private business.

- Already licensed candidates also bear the expense of office rent, insurance, and other practice incidentals.

Assistance in paying for training:

NPAP provides assistance for candidates to offset training costs.

- Candidates in the NYS License-qualifying track are eligible to be paid [an](#) educational stipend once they begin seeing patients under supervision. The educational stipend is currently based on the number of patient hours a candidate conducts. For further information, please see the NPAP Bulletin.
- NPAP also offers scholarships to eligible candidates in good standing
- For more information on these scholarships, please see the NPAP Bulletin

The NPAP Training is not eligible for federally insured student loans.