

# NPAP NEWS & REVIEWS

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NATIONAL PSYCHOLOGICAL ASSOCIATION FOR PSYCHOANALYSIS, INC.

WINTER 2016

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## Mission: POSSIBLE!

By Laura D'Angelo,  
Chair, planning team

NPAP has a new vision for the future. The Association and Institute boards approved a new statement of vision, mission and core values in a 35 to 2 vote at its Jan. 11 meeting. On behalf of the Vision and Mission Group, I will say that we are thrilled. Our hope is that NPAP's bold vision and mission become a living document that informs our actions in the world.

Last January, the boards authorized a seven-member planning team to hire an organizational consultant to shepherd us through a community-wide, creative, brainstorming process. The planning team, along with consultant Aliza Mazor, gathered a group of 26 members and candidates to analyze data, identify strengths and weaknesses, and envision a way forward. For three months, the group worked. The level of collaboration and civil discourse was extraordinary. We hope that it will be used as a model going forward.

### What's in a Vision?

By definition, vision statements are audacious and far-reaching. Oxfam's vision statement is a good example: "A just world without poverty." Vision statements answer the question: "If we are wildly successful with our mission, how does the world change?"

Articulating a vision challenged our group. We worried about sounding grandiose. We argued about whether psychoanalysis has an impact on this ailing world. There was a spirited debate over whether we could claim that psychoanalysis

"heals." In the end, we discovered a deep, shared conviction that psychoanalysis transforms lives one psyche at a time. As a theory of mind, it has changed our world. Psychoanalysis taught us that our care in early years affects us later, that we operate in unconscious ways and that talking can treat emotional problems. We believe that psychoanalysis continues to have a powerful impact.

Here is our vision:

*NPAP: Creating a more humane world through the transformative power of psychoanalysis.*

### Our Mission

Mission statements identify how we will realize our vision. At PBS, the mission is "To create content that educates, informs and inspires." NPAP's mission statement describes what we do and what we aspire to do: (1) we deliver low-cost therapy (2) we train candidates in pluralistic models of psychoanalysis and (3) we galvanize interdisciplinary discussion to create innovations in our field.

Our mission has roots in the past and reaches into the future. Our founders created a low-cost clinic for the "impecunious" in New York City. TRCC intends to keep that mission alive. Our founders were free-thinking rebels, mavericks, lay analysts. We are, too. We are justice-seekers, poets, philosophers, social workers and more. It makes sense that our mission calls for a theoretical education that is open and diverse, both classical and cutting-edge.

*Continued on page 19*



## The Abominable Exam

"Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds." Hope Igleheart took this photo of one of the participants at the Saturday blizzard exam. Guess who? Send your entries to Katherine Rabinowitz at katherab@aol.com by March 31. Identity will be revealed in the next issue, and an NPAP prize, donated by the Admissions & Membership Committee, will be awarded to the first five who get it right. For more on the exam, see page 6

### Compiled and edited by Amanda George

**Carl Jacobs** will present a paper at The Freud Museum in London in early May of 2016. The conference is entitled "Psychoanalysis, Art and the Occult." His paper is "On the Uncanny and Technics: The Narcissism of the Ghost in our Machines."

He will have three pieces published in the Div. 39 Review this year. The first is a short essay for a special issue on The Ends of Analysis; the title is "Every Piece of String Has Two Ends." The other two essays are in a special issue devoted to the "Psychoanalysis on Ice" conference. "One, entitled 'A Bridge Too Far,' introduces a debate between the panelists Dany Nobus and Otto Kernberg on psychoanalytic pedagogy." The other is Carl's contribution to

that discussion, "Evolution in Mind."

**Montana Katz** presented her paper "Analytic Listening with Evenly Suspended Attention, without Memory and Desire, and by Lived Metaphor: Stories, dreams patterns" in a Scientific Program at the meeting of the American Psychoanalytic Association in New York in January. She also continues to be co-chair of the Field Theory Discussion Group at the meetings of APSaA. Montana is co-editor of the newly launched *Psychoanalytic Field Theory Book Series* with Routledge.

**Isolde Keilhofer** presented her paper "Psyche-Soma Disturbances: Working Psychoanalytically with Visual Impairment and the Dilemma of Recognition" last November at the 26th Annual Interdisciplinary Conference of the International Federation of Psychoanalytic Education (IFPE), "Vulnerabilities & Its Discontents," held in Philadelphia, PA.

**Paul Marcus** presented a paper at a conference called "The Redemption of Feeling: Religious Existentialists," at Queens College, Dept. of Philosophy, on how Emmanuel Levinas' philosophy can enhance Freud's view of love. He presented two papers at the "Psychology of the Other" conference in Cambridge, on "The Psychology of Immortality in Everyday Life" and on "Psychotherapy with Delinquents from the Perspective of War Strategy." He was the discussant/co-chair for the discussion group on "The Nature of Spiritual Experiences in Psychoanalysis" at the American Psychoanalytic Association in New York in January.

**Merle Molofsky** has five poems included in an anthology of poetry, *Wounded Centuries*, edited by David Biesel, Grolier Poetry Press, Cambridge, MA, 2015. The editor describes the anthology thusly: "The poems in *Wounded Centuries* are about history experienced through a psychological lens." He says of her poems, "Her poems explore the minds of war veterans, the history of violent assaults on the earth, the importance of mother-child love, and the cruelties of dehumanizing bureaucracies."

She has contributed a chapter, "Taiko, Japanese drumming: the light returns, our hearts beat, the body knows," to *Myths of Mighty Women: Their Application in Psychoanalytic Psychotherapy*, edited by Arlene Kramer Richards and Lucille Spira, Karnac Books, London, 2015. The book is part of the Karnac Books Psychoanalysis and Women series.

In early November 2015, Merle gave two presentations on a similar theme. In each in-

stance, she read from her novel, *Streets 1970*, and compared the process of writing fiction with psychoanalytic process. On Nov. 1, the NPAP Admissions and Membership Committee hosted a salon focusing on Merle's novel and her understanding of narrative in psychoanalysis.

At the Interdisciplinary Conference of the International Forum for Psychoanalytic Education, in Philadelphia in November, with the theme of "Vulnerability and its Discontents," Merle gave a presentation, "The Vulnerability of Creation: Fiction writing and co-creating the psychoanalytic narrative."

## NEWS OF CANDIDATES

**Gavriel Reisner** won the CORST Prize of the American Psychoanalytic Association for his essay "On Ghosted and Ancestral Selves in Hamlet: Loewald's 'Present Life' and Winnicott's 'Potential Space' in Shakespeare's Play." The CORST Essay Prize recognizes the best essay on psychoanalytically informed research in the biobehavioral sciences, social sciences, arts, and humanities. Gavriel's winning essay was presented at the APSaA National Meeting in January and will be reviewed for publication by *The Journal of the American Psychoanalytic Association*.

Gavriel will present his paper "Time, Space, and the Creation of Being in Toni Morrison's *Song of Solomon: Combining Loewald and Winnicott in a Psychoanalytic Paradigm*" at the annual conference of the American Comparative Literature Association, to be held at Harvard University, March 17 to 20.

He will be speaking on "The Father-Series and the Spectral Self: From Ghosts to Ancestors in Conrad's *Lord Jim*," at the annual PsyArt (Institute for the Psychological Study of the Arts) Conference, to be held at the Université de Reims Champagne-Ardenne, France, June 29 to July 4.

Take the  
Archive Photo  
Challenge

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### NATIONAL PSYCHOLOGICAL ASSOCIATION FOR PSYCHOANALYSIS, INC.

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#### NEWS & REVIEWS



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## FROM THE INSTITUTE PRESIDENT

By Art Pomponio



Upon reflecting on the new mission, vision, and core values statement of NPAP it occurred to me that many aspects of our culture will likely change as we move forward.

To my mind, one important area that needs to change is the status of our candidates vis-a-vis our membership. Candidates are called *Members in Training*. I think that traditionally the accent has not been as forcefully on the term “members” as it should be.

Over the years, most institutes – as reflections of the cultures of which they are part – have constructed educational systems as rites of passage in which candidates are viewed by members as not quite mature enough (as they have not yet completed their analyses) to warrant a status equal to their own.

An alternative view – one which I am here advocating – views training surely as an important experience, but one that does not imply a model of caste or traditional family system – a higher and a lower order: Brahmins/parents/members versus a lower class, children/candidates. I see a training program which is simply that: an experience in which accomplished, intelligent, and mature people become analysts. I trust that individual analyses, through transference and countertransference work, will help candidates to address any idiosyncratic power dynamic issues that might come up. As an organization, we don’t need to reinforce any hierarchical inclinations.

While I think we have always done better than many other institutes, we have not gone far enough. To shift to an even more egalitarian culture, we would need to recognize that aside from not having graduated (and all the training that this accomplishment implies) nothing else

distinguishes candidates from members.

To begin a shift, I would like us to do the following.

- Invite candidates to every membership meeting, without exception. This includes annual meetings, dinner-dances and other parties, and retreats.

- Ensure that candidates are not asked to recuse themselves from any matter of governance any more than a member would be so asked. I think the by-laws might need to be reviewed to ensure this change. To my mind it makes absolutely no sense for the MITO rep to a committee to be asked to leave a discussion, whether of another candidate or member, when any given member is not similarly asked. Of course if there are circumstances specific to a given candidate or member, then such a recusal should be requested or required. I know that this year a candidate was asked to leave a committee meeting in circumstances that I, at least, felt were unjustified.

- A small but important detail: I see no point in signing communications with the names of the members but with the name of the candidate followed with “MITO rep.” Of what value is that designation, really, except to divide a group of colleagues and reinforce a junior status for the candidate?

It is absurd to think that a woman or a man who has run a business, practiced therapy of a different kind, practiced law, written books in other fields, taught, raised families of their own, formed loving relationships, or any other measure of maturity we can consider should be viewed by a membership organization as somehow not fully on par with those who happened already to have graduated.

On the whole, I think NPAP is already positively disposed towards the kind of egalitarian relationship that I am calling for. I only share my observations and thoughts about how we can go further in accordance with our declared principles. □

## FROM THE ASSOCIATION PRESIDENT

By Jeff Werden



Our association continues to move forward with several projects. The new website continues to evolve into a highly effective portal for NPAP into the larger community. More information and links are steadily being

added to make it easier for members to connect with their professional association.

We recently completed an important phase of our Vision/Mission project. Many members and candidates volunteered their time to participate in a several-months-long program to redefine how we see our vision for NPAP as it moves into the future. Likewise, we refined the mission that NPAP should be undertaking to fulfill its role as a leading analytic center. This was a difficult but rewarding task for all that were involved, one that will be helpful to everyone within the larger NPAP community. It will help clarify the direction we need to take to enable NPAP to continue filling its role as a leader in an evolving psychoanalytic world. We owe a debt of gratitude to everyone affiliated with this project. Their energy will be a tremendous help to NPAP as we move forward with new programs and initiatives.

An upcoming project will be to determine the cost of editing our extensive video collection. Many important contributors have spoken at NPAP over the years. Much of this has been recorded, yet lies dormant. This material needs to be edited so it can be made available for placement on our website, or used in other settings to enlarge our contribution to the analytic community at large. More about this soon. It is my plan to include something from the archives in my column going forward. This should be an effective way of using our trove of historical data.

The boards are re-examining the reorganization and the implication inherent in proceeding. There has been concern expressed that a model with a smaller board was not offered to the membership for consideration. To date the board has not had the opportunity to discuss this. The February meeting will be used to explore this thoroughly. This will give the board members a chance to develop a way to move forward to ensure that NPAP has the best possible structure to support its continued success.

A final brief note: The Sy Coopersmith fund has \$18,500 pledged to it already. This will permit us to implement a new funded lecture series, one that will continue Sy’s legacy, and support NPAP in its ability to address contemporary social issues using its psychoanalytic lens. □

## NINE CANDIDATES PASS EXAMS

The following candidates passed their exams on Jan. 23:

RFC: Lisa Barile, Kat Lau, Bonnie Nezaj and Shari Zimmerman.

Matriculation: Jessica Brown and Hunter Robinson.

RCP: Julie Fotheringham, Diana Gil and Susan Kassouf.

These members served on examination committees: Alan Barnett, Carl Jacobs, Judy Newman, Judy Greenwald, Neil Herlands, Katherine Rabinowitz, Linda Washburn, Barbara Dowd, Judy Kaplan.

Also Doug Maxwell, Paul Cooper, Susan Tye, Michael Spier, Barbara Bergier, Jim Holmes, Rebecca Kuzma, Joyce Rosenberg, Leah Pittell Jacobs and Robert Benton.

Members who volunteered at the last minute to replace those who were snow-bound were Stefanie Teitelbaum, Jerry Nashban, Jayne Bloch, Tom Taylor, Michael O’Loughlin, Ellen Kahn, Hope Igleheart, Liz Singer and Paul Kaiser.

The next exam will be on Saturday, June 4.

## Interviewing David Schweichler: *An Intersubjective Experience*

By Anita Bookey

When I met David for the first time for this interview, I came with preconceived ideas, and I expected to meet someone who was very intellectual, perhaps critical and someone who was somewhat difficult to talk with. What a surprise! He was very easy to talk with, fun and enjoyable. The conversation was exciting, and flowed easily. I found him to be very friendly, open, and giving, and above all, extremely passionate about everything we talked about.

One of the main topics we usually talk about in new member interviews is the person's path towards psychoanalysis. But not this time. We immediately started talking about what he likes about NPAP and what he believes is needed for improvement. He likes the diversity of the student body and that you can move through the program at your own pace. David certainly also appreciates the many approaches to psychoanalysis NPAP offers to the student. But he does not think these differences are always approved of by the "old guard," whom he believes is more or less entrenched in classical analysis and not open to newer theories of analysis.

He then, of course, asked me how I viewed psychoanalysis. I said I certainly follow the basics of transference, countertransference, unconscious, defenses, not disclosing my personal life to the person I am working with, etc., which he pointed out as an "old guard" stance. I answered, but that doesn't mean I can't listen to your point of view and incorporate something meaningful into my thinking.

David is concerned that we practice a one-person therapy when actually analysis is a two-person therapy. He thinks we only practice neutrality and abstinence. I told him I believed classical analysts practice a two-person therapy, are quite aware of there being two people in the room, and to the extent possible, are aware of our own and the other person's emotions while remaining nonjudgmental.

After talking about my point of view in a lively discussion, David then explained his point of view about psychoanalysis. He describes himself as a self-psychologically informed intersubjectivist. Occasionally he works relationally. Orange, Stolorow and Zimmermann are authors who inform his work.

When I emailed him that he could add, delete or change whatever he wanted, he wrote back, "Anita, I plan on deleting nothing. The interview was as much about YOU as it was about ME. The story you tell about me will



DAVID SCHWEICHLER

(implicitly) tell something meaningful about you and how you experienced me. Isn't that the intersubjective way?" Yes, indeed it is and our interview became an intersubjective experience for me.

David studied existentialism and ontology and received an M.A. in philosophy. He was working to "better understand the origins of the subjective nature of subjectivity." He read Stolorow and Winnicott to get a better understanding of the nature of subjectivity, which lead to his psychoanalytic theoretical identification. His next degree was an M.Div. His specialization was depth psychology and religion, and his focus was on Jungian individual and collective unconscious. David's last master's degree was an MSW (now a CMSW), specializing in clinical practice. He graduated from NPAP in the fall of 2015. After 10 years of study, he can now call himself a psychoanalyst.

As David succinctly says, "I volunteered and worked in the human services field for my entire life. I've always been curious about the human condition and how social/ethical/ theological concerns are intimately tied up through the self's relation to the other."

Eastern religions – Buddhism, Taoism and other contemplative practices – are also interests of his. But David's world view and work are most deeply informed by St. Francis, with an emphasis on compassion and doing service for others.

The most essential part of David is love, the tie that binds. While we were talking, his wife, Coco, called. He said he would meet her and their daughter Eavan at the park. His demeanor and face changed. He became softer and more relaxed. He talked very lovingly about his family, particularly about his daughter. Looking at David as he talked about his wife and child, I felt a flow of warmth and ease. Clearly, love is his most important ingredient. At that point we said it was time to stop, and he rushed off to meet his wife and child in the park for fun and games. □

## MITO Launches 2017 NPUP Calendar

Dogs, we might recall, were present at the founding of psychoanalysis. From the Freuds' dog Wolfi to A. A. Brill's assertion that the dog is the "highest type of a transference animal" (1943), any dog owner recognizes canines' affinity for the couch.

To that end, MITO plans to produce an NPUP 2017 calendar. It will showcase the pups of NPAP and will be sold as a fundraiser for NPAP in late 2016. Members of the NPAP community are invited to submit photos of their dogs, ideally in psychoanalytically referential ways, to be considered for selection by Aug. 31, 2016. Should you wish to become involved with the NPUP photo selection committee, please be in touch with Susan Kassouf (kassouf@bestweb.net) directly by April 1.

"Come help make a modest profit for the NPAP kitty, as well as bring a little joy to the refrigerator doors of the NPAP community," says Susan, who is spearheading this effort. "Let your creativity run off-leash. See if your dog might be the new Mr. or Ms. February!" □



PAULA on *The Interpretation of Dreams*

## Margaret Seely: *A Life of Adventure, Service, Diversity*

By Ellen Gasnick

It's a happy assignment to welcome a new member to NPAP and introduce her to our membership. It becomes a pleasure when you meet Margaret Seely, who has it together in the sense of using her brain, heart, and hands to make connections with people.

Margaret was born in Massachusetts in May, 1958, and grew up in Tenafly, N.J., the middle child in a family of five children. Her mother was a teacher of Christian studies and her father was an administrator in a Protestant organization that funded universities in Asia.

Lasting early memories of family camping trips and vacations to New England and Canada, where her dad had family, are reflected in her respect and love for all things related to nature. Hiking, for Margaret, continues to be a source of serenity.

The long and winding academic road to NPAP, which many of us can identify with, started for Margaret at Oberlin College, where she majored in biology. Studying biology soon led to an interest in the environment. At age 19 she decided to take time off and headed to Minneapolis where her brother lived. She worked in housing construction and renovations, with an emphasis on solar housing and solar panels.

Curiosity and inquiry into the fields of sustainable agriculture, and organic and rooftop gardening paved the way for new explorations. Margaret enrolled in the Northwest Arkansas Vocational Technical School in Fayetteville, becoming proficient enough to receive a certificate in residential construction and carpentry. She put her now considerable skills to work at a non-profit, helping weatherize homes for low-income families. Other skills on her résumé include storm window, attic fan, and bathroom tile installation.

Opportunities came knocking in the early '80s, when a friend invited her to Mexico for a month-long intensive Spanish language course. This eventually led to a longer stay in Mexico City, where she worked as an English teacher. She also worked with a non-profit called Enlace, which promoted economic empowerment. Given the range of her experiences and sustained involvements in community organizations, it was a natural progression for Margaret to turn her attention to the fields of economics and political science. She moved to New York to resume her studies and received her bachelor's degree in these areas from Hunter College.

After entering analysis with an NPAP member, Margaret began investigating analytic training requirements, and decided that pursuing a Masters in Social Work degree would be the most sensible place to start. She graduated from Hunter with an MSW in 1993.

Professionally, she has worked as a social worker on the NICU at Roosevelt Hospital and has been a candidate at the Harlem Family Institute. In 2000, she began volunteering at Identity House, an organization that provides counseling for LGBT individuals. She began as a peer counselor, and then became a therapist running 12-week group supervision sessions for peer counselors. Fourteen years later, Margaret remains committed to this work.



MARGARET SEELY

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*Among the teachers and supervisors who have had a lasting impact on her understanding and thinking about patients are Helene Bass, Lee Jenkins, Ruth Oscharoff, Alan Roland and Esther Menaker, who was 90 years old at the time of their supervision.*

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As for her NPAP training, Margaret appreciated being able to set her own pace, digesting the basics as well as the breadth of course offerings. Freedom to process in her own internal way and time frame allowed her to deeply incorporate and synthesize what she was learning with her work with patients. During her training, she also took classes at TRISP (Training and Research in Self Psychology), following up on her interest in Self Psychology.

Among the teachers and supervisors who have had a lasting impact on her understanding and thinking about patients are Helene Bass, Lee Jenkins, Ruth Oscharoff, Alan Roland and Esther Menaker, who was 90 years

old at the time of their supervision.

On notable theoretical and technical perspectives, she singles out Kohut, Joyce McDougall, Betty Josephs, Ella Freeman Sharpe, and Winnicott. She has become familiar with the writings of Bion through Michael Eigen.

Her practice now is focused on adults: gay and lesbian, bisexual and transgender. She works with patients from multicultural backgrounds and perspectives.

Music and day trips to Harriman State Park continue to sustain and center her. Home base includes two beloved dogs and a 15-year-old "still going strong" cat. In keeping with her affection for animals, she has in the past volunteered weekends spending time with shelter dogs, training them to obey and respond to commands, readying them for adoptive homes. She has a 20-year-old daughter in college.

At age 57, Margaret is a deeply rooted, adventurous woman who embraces diversity and is open to change and risk. Because she has a strong sense of community service as well as her clear sense of self, I think as Margaret makes her quiet but substantive presence known to the membership, she will be an asset to our organization.

So, welcome, Margaret. Participate in NPAP however you choose. With your fresh perspective and core values, your voice should be heard. □

# The Abominable Exam

By Sue Sawyer

Despite one of the worst blizzards that New York City has ever experienced (just one tenth of an inch shy of the record), the Jan. 23 candidate exams went off without a hitch. Congratulations to everyone who helped make it happen, especially Sue Mitchell, dean of training.

She reports, "Many wrote or called to volunteer for extra duty, or to fill in if not initially chosen. Those who felt they couldn't make it let me know in advance, so between those two groups I found several fearless substitutes and we all made it happen."

Sue adds, "I knew that if we canceled it would start the process all over again – asking for volunteers, etc. – which would take weeks at best. I sent an email asking those who were on committees to let me know if the snow would be a hindrance for them, and asking all other members if they could substitute for those who couldn't make it, or if already on a committee, if they would do double duty.

"The result was that I knew who couldn't



**Hope Igleheart took this photo of one of the participants at the Saturday blizzard exam. Guess who? Send your entries to Katherine Rabinowitz at [katherab@aol.com](mailto:katherab@aol.com) by March 31. Identity will be revealed in the next issue, and an NPAP prize, donated by the Admissions & Membership Committee, will be awarded to the first five people who get it right.**

make it and had replacements lined up, with the understanding that if the subways shut down we would have to cancel. For the two people coming from Westchester by Metro-North, I had substitutes at the ready. The one person on Long Island had already sent her regrets and been replaced.

"There were no exams scheduled at 2:00 p.m., when the snow was at its worst. Everyone was finished and out of the building by 2:30."

Thanks go to all who volunteered to be on committees, with special kudos to those who stepped up to replace those who couldn't make it, to those who did double-duty serving on two committees, and to those who gave advance notice that they would be snowbound.

Among those who made heroic efforts to maintain the frame was Leah Pittell Jacobs, who arrived looking, as one observer put it, like a Zen master, with an eight-foot bamboo pole (formerly staking a plant) to support her through the snow. Also the indomitable Paul Kaiser and candidate Susan Kassouf, each of whom traveled in from Westchester via Metro-North. □

## FROM THE ARCHIVES



### Who Are These Guys?

How many of these people do you recognize? Please send your answers by email or snail mail to Dxiña at NPAP. The person who identifies the most people will be honored in our next issue! Can anyone remember the event and year the photo was taken?

# What I Did on My Summer Vacation

By John Augliera

About 65 to 70 million years ago a large sea split North America from the Arctic to the Gulf of Mexico, passing through North and South Dakota. The delta that formed in Montana and the southwestern Dakotas, called the Hell Creek Formation, was home to many animal species including alligators, fish, turtles and dinosaurs like triceratops, hadrosaurus, and everyone's favorite, T-Rex.

Little did these creatures know that a huge meteor would hit the earth near Cancun and start the clock ticking for their ultimate demise, about the end of the Cretaceous era, just below the Paleogene era, sometimes called the K-T boundary.

These dinosaurs and other fauna lived here, romped and played, ate and were eaten, and their remains sank down into the sand and clay of this delta over millions of years, and were preserved for future excavation.

As I watched the History Channel, I was always fascinated by the people at these dinosaur sites, kneeling on the ground with their awls, matte knives, dental tools and little paint brushes, gently coaxing the bones from the earth without damaging them in the process. I said to myself, "I would like to do that." So I spent a week's vacation in the Hell Creek Formation, exhuming the bones of prehistoric dinosaurs.

This was not an easy gig. Breakfast was at 6:30 a.m., and we were on the road driving to the sites by 7:30, returning after 4 p.m. The temperatures were above 90° with little shade

except for a passing cloud, and kneeling for hours at a time can wreak havoc on one's back and glutes as well as one's knees.

"Are we having fun yet?" Although analysis is not easy, I don't think Freud had this in mind when he used the excavation of layers metaphor.

The whole process is absorbing because not only do you have to carefully expose the bones, you also have to leave enough material around the bones to allow them to be safely lifted without breakage, which is inevitable. (There was Crazy Glue at the site.) The larger exposed bones are first covered with a burlap material dipped in a plaster of paris-like substance which hardens, allowing safe transport of the specimens back to the lab – a heavy and backbreaking job, like transporting a person on a stretcher.

Back at the lab we used dental tools to clean the bones of mineral deposits and vegetation. The stubbornly adhered mineral material was removed with a mini-drill, or we sandblasted it with a white powder not unlike what the dental hygienist uses on your teeth. This for me was a truly relaxing, meditative and satisfying activity. I spent hours doing it, and the time passed quickly.

Some days, as a change of pace, we would either shovel away mounds of earth above the bones' layers to allow for easier access, or walk among the hills and valleys of the formation to discover potential bone sites. You would be surprised at how many bone fragments one finds while walking here, and these sightings are used to trace back where these fragments might have originated in the forma-

tion, where hopefully larger, more intact bone structures might reveal themselves. One of our groups found eight to 10 prehistoric turtles visibly lying on the ground, and another group found the toe of what might be a T-Rex. I found bone fragments, perhaps parts of ribs, but nothing to write home about.

There were 25 of us from all parts of the country, including Long Island. The sleeping quarters were minimal but adequate – a bunk house left over from the railroad days. We bonded over meals discussing dinosaurs or listening to lectures on whales in Egypt (!) and prehistoric spores and pollen.

It was truly a wonderful adventure, and one that I hope to repeat next year. □

## FROM THE MITO CHAIR

By Grégoire Pierre



Dear readers,  
We all know that to keep NPAP running requires countless volunteers who spend tremendous energy on many different issues. Yet, a new Member-In-Training will often find him or herself quite lost

when starting at NPAP. The growing awareness of this dynamic among the MITO Executive Committee members is maybe why we tend to focus more and more on trying to make sense of our experience here.

Recently, MITO created and updated two important resources about the process for obtaining the license in psychoanalysis qualifying MITs. In addition to this, the MITO EC is finalizing a document on supervision and a Frequently Asked Questions document for new MITs, answering questions about different aspects of the life at NPAP. We are also more aware of the discrepancy between licensed and non-licensed MITs, and we try to understand this to be able to offer the best opportunities to each kind of MIT. We will try to keep these documents up-to-date to stay connected with the ever-changing reality of our institute.

I believe that this work is a way for us to inscribe ourselves in a place that can feel at times hard to understand. It is also a function which new and temporary members of a group can have. To those in the group who ended up feeling comfortable with one place's contradictions and lack, this part of the group asks the questions: What and why? □



IN THE FIELD digging up the bones.



IN THE LAB cleaning bones with a dental pick.

## What's The Story? Narrative and Psychoanalysis

By Gavriel Reisner

On Dec. 4, 2015, the Program Committee of the NPAP, chaired by Alan Roland, brought us an interesting evening devoted to the often-aligned and inter-implicated concepts of narrative and psychoanalysis.

Featuring Lee Jenkins and Art Pomponio, the evening was at once adroit and confessional, academic in a comprehensive way and literary in an exposing way. We were witness to a pairing of related subjects as presented in two dimensions, completely different ways of understanding twinned themes with innumerable suggestivities.

Lee Jenkins, a former professor of English from John Jay College, CUNY, brought us a series of snapshots, critical vignettes, so to speak, focusing on a panoply of ways to look at a pair of related subjects, paralleled not only by the content but the elusiveness of their respective concerns.

A professorial figure who showed his pedagogical skills in the breadth of his engaging presentation, Jenkins began by talking about compulsion in both fictional and clinical narratives. What compels writers to describe others, not only their actions but the motives behind their behavior? The compulsion-to-observe lies behind novelists as well as analysts, he ventured to say. (We are reminded of Freud's uneasy relationship to fictional narrative, his admitted feeling that his case histories read like novellas, and his decision not to read the contemporary Austrian fiction writer Arthur Schnitzler for fear of just how many parallels he would unearth.)

But this was just to introduce the series of themes informing this therapist-academic's insights. He went on to talk about identification and empathy in narrative and analysis. (If one thinks about it, the two concepts are so balanced that they can be linked either way, in a sort of palindrome – narrative as analysis and analysis as narrative.)

We are talking about two intricate ways of seeing the other, reading the other as listening to the other, taking her in to identify with her. The intensity of our inter-involvement with the other in the twin arts of narrative and psychoanalysis reminds us – in an echo of D.H. Lawrence, “the novel is the book of life” – that narrative/analysis is not about life; it is life. Then there is the subtle point, perhaps counter-intuitive when we are talking about psychotherapy: In our clinical and narrative arts we do not so much interpret life as present

it. Interpreting the story is far less important – and this is something that Winnicott understood so well – than hearing the story by allowing the novelist/patient/character to tell it. We can see the character even if we cannot (or may not) be able to change the character's fate. We can fall in love with our characters and our patients.

Both literature and psychoanalysis can keep us somehow in life and liberate us from the feeling that life is not worth living. Literature and psychoanalysis each suggest, indeed, that life is worth living. And then there is the quality of story, story itself.

What is the story? Using metaphors and figures of speech, novelists, psychoanalysts, and film-makers all reveal characters, or experience their self-revelation, often through the image. All these realms reveal the unconscious. An unconscious that is often shown not told, as, in an example provided by Jenkins, Willie Loman, in Arthur Miller's *Death of a Salesman*, revealing his character by betraying his wife.

Psychoanalysis and literature are similar psychic operations when they turn pain into a story that is bigger than we are. By using words we understand what formerly could not be understood. What was ugly is now beautiful. What was private is now shared. Writing is a one-person psychotherapy” and “one-person poetry.”

In both poetry and psychoanalysis we may succeed in lifting repression as each connects the preverbal with the verbal. Covering many more points than I can review here, in a presentation not so much eclectic as encompassing, Jenkins concluded by noting that therapist, writer, patient, reader may all experience their inner selves while, on the whole, human beings remain incognito to one another. In analysis and poetry we may share the inner core of being.

Art Pomponio, president of the institute, went on to look at the question of narrative and psychoanalysis from the point of view of the author as either memoirist or fiction writer. Indeed, the question of which of those roles he would assume in the presentation of a voluminous manuscript based on his analytic experience, was at the center of his talk. In a confessional mode that showed an admirable and candid trust in his audience – one was very aware of NPAP as a community of therapists interested in the narrational aspects of their profession – he shared the experience of writing therapy.

He added that it was by no means coincidental that the capacity to write a book about his therapy coincided with its termination. Complete the reality, begin the consolidation – though hardly the scribbling down – of its imagining. He noted and we took in the many levels of therapy entailed in a therapist's writing about his therapy. He is therapist and patient, both active and passive, teller and listener, in an organizing and reorganizing, sometimes what feels like a scrambling and re-scrambling, of therapeutic communications.

Yet the beginning comes after the end or what seems like an ending – termination. We know what a difficult concept that was for Freud himself – what is it to terminate? In a reference to Salman Akhtar's dictionary of psychoanalysis, Pomponio references the idea that we may terminate when we are in the position to construct a plausible life-narrative.

If it all hangs together maybe it has enough of a form to be seen as a unity. So he wrote a draft of his own analysis, “often lying to myself in a deceitful narrative.” The book has a complicated temporal structure, in four parts when he did not want a linear narrative from beginning to end. No chapters but rather chunks. Back and forth along a 20-year trajectory: dreams, reveries, sometimes the present perspective.

In one poignant passage the author used Proust, the famous “madeleine” sequence with Marcel waiting in anticipatory agony for Maman to come up to his room. Pomponio wove his own narration into Proust's ultra-nostalgic memories. The author is aware that his work is diegetic (about telling) rather than mimetic (about showing). He is aware of the revelations, the self-exposure or double-exposure involved in writing as a therapist. Yet he writes after all about abiding and universal themes: separation and individuation, completion, love and death. He struggles with the language problem, aware that language is both saying and not saying, that in a way we hide ourselves in language.

So he ended with the problem of whether he should publish at all. Confidentiality and exposure, opening himself up to a sympathetic audience to explore this fateful question. It was suggested from the audience that he perhaps is not listening to his own sophisticated point, for he was identifying himself too entirely with what was, after all, a literary construct, even if he called it a memoir.

All in all, an evening as stimulating as it was convivial. □

# Scenes from Our Winter Holiday Party

*Photos by Bob Wolf and Steve Yagerman.*



**ARNOLD AND AE BRENNER**



**CLAIRE STEINBERGER & ELLEN KAHN**



**JEFF WERDEN (r.) and guest MINDY ATKIN**



**JACKIE PADILLA & GARY AHLKOG**



**The party, which followed our annual meeting on Dec. 20, drew a full house**



**ANNE CUTLER & SMADAR HARUSH STERNOFF**

## Vuillard: A Bed of Roses?

By Jan Roth

On Sept. 20, 2015, Alice Entin, chair of the NPAP Program Committee, introduced Lynn Lawrence, a psychotherapist and graduate of Columbia University's Narrative Medicine Program, who presented her paper: "Garden at Vaucresson, It's Not All A Bed of Roses."

Lynn selected the painting to fulfill the requirements of a class assignment of "close reading a work of art from the 1920s," the era of Virginia Woolf's *To The Lighthouse*. Lynn's talk, which was previously given at the Martin Bergmann seminar, lives in the crosshairs of psychoanalysis, the aesthetics of art and the enigma of the brain, in narrative time. Lynn's beautiful paper touched on themes of trauma, family secrets, clinical insight, psychoanalytic technique, painting, and writing.

Before writing this article I went to see the painting by Edouard Vuillard at the Met. As I looked at the painting and listened to my recording of Lynn's talk, I felt moved by the

power of art and literature to open up the mind. The painting depicts a large manor house dappled by sunlight, a tall tree, two women, and gorgeous roses and poppies. One of the women is kneeling behind a large flower that hides her. Lynn describes how her mood changed on viewing the picture when subsequently learning there was another female figure camouflaged by a rose. Her "not seeing" what was hidden in plain sight became the basis of the paper which slowly unpacks the family story.

Time and its bi-directionality, *Nachträglichkeit*, the retroactive and supplemental assignment of meaning, emerge in the paper, stimulating the viewer/listener to ask questions: When did Lynn first see the painting? When did she have the memories of her parents' previous marriages, of first visits to museums in New York? Where did Vuillard paint this picture? What version of it do we see at the Met? (It was revised three times after 1920.) What feelings, thoughts, and memories does the painting stir in me?

The audience of members and guests participated actively in the post-talk discussion. Lynn's paper prompted some in the audience to recall memories of early childhood, old and new sibling conflicts, and yearnings to discover meaning in language. Hanna Turken, Jean Golden, Jack Wiener, Douglas Maxwell, and Roy Herndon Smith made comments and asked wonderful questions that sparked great conversation. Moderator Alice Entin, and presenter Lynn Lawrence responded to several of the questions with answers that expanded the emotional and intellectual borders of the discussion.

Douglas Maxwell informed the audience of several features of the artwork that related to Lynn's past experience, eliciting an emotional reaction from her. Jack Wiener offered a story from his own childhood, emphasizing the importance of movement and emotional expression. Alice Entin closed the program with an apt quote from Susan Deri: "We go into analysis in order to learn how to talk." □

## Sunday Salon with Merle Molofsky's *Streets 1970*

By Claire Beth Steinberger

NPAP'S November Sunday Salon celebrated Molofsky's novel *Streets 1970*. She was welcomed by Rebecca Kuzma, and also introduced by Arlene Richards, psychoanalyst and author. Arlene introduced Merle, admiring her unique and compassionate storytelling.

Merle's 12-chapter book tells a story of human trauma and pain. Underneath the death-defying narrative emerges a strange and visceral interweaving of names, faces and relationships – a hope line for the neighbors, trapped, and living on the edge.

Merle wrote *Streets* while attending the School of Fine Arts at Columbia University and raising three children. The manuscript's history is itself a metaphor for the interior narrative – a character lost and then found 44 years later. Merle's book appears out of the shadows of the past, refusing to die or disappear. In this way, the key characters we meet – Doreen, Douglas, Fat Boy, Desiree, and Mona – struggle between the throes of death and the possibility of life, or eros. As Merle shouts her words, a kernel of hope for them emerges in the analytically minded reader. Merle's voice is a portal to the

worlds of fantasy and storytelling, revealing a potential for psychoanalytic meaning.

*Douglas perhaps was the only one who realized that they were only alive when death spoke. His eyes were green, and he viewed the world through a green lens, a world that quivered with an insistent duality of growth and rot.* (*Streets*, p. 109).

Merle is a former dean of training, faculty and supervisory analyst of NPAP, a renaissance woman, continually delighting in the multiple frames of poetry, philosophy, music, literature, ethics – and psychoanalysis. In *Streets*, we find a path into Merle's early mind, drawn into the web of real people, ultimately weaving their stories into a mixture of feeling and physicality.

*Streets* is also a journey into the author's roots, a Yiddish-speaking Brooklyn family. Merle's psychoanalytic self seems to be born in the context of a maternal voice – an internalized attachment experience, yet close to suffering and trauma. She listens and tells the stories.

The audience applauded *Streets*' storytelling. Gavriel Reisner spoke to Merle's compassionate connection to those living at the edge of survival. Merle responded, "I tap into someone else's narrative and help

someone else tap into their own." Mike Eigen highlighted Merle's Whitmanesque sensibility and added "psychoanalysis is an ongoing recovery of oneself and things opening up."

Ann Green heard Merle speaking for voices that needed to be heard. Wendy Kaiser appreciated Merle's not quelling her corporal and instinctive expression, and read a favorite line, "Freddie was silent in many languages." Amanda George found *Streets* to be a celebration of life.

Claudia Bader addressed Douglas, the character with a dark stream, and Paul Kaiser expressed his view of *Streets* as a fight for life. Bonnie Hirschhorn noted that Merle was engaged in the creative process before she studied psychology and psychoanalysis, and Doris Solomon shared, "I'm so glad you found your manuscript and we found out about you."

My own contributions addressed Merle's role as a young writer, where she serves as a witness to others' stories as well as her own budding self.

The evening ended with a book-signing. As I conclude this review, I think of the role of words – storytelling – between parents and children. *Streets* is dedicated to Merle's brother, Jonathan, a relationship of shared sensibility and love. □

## Robbins & Wolf: Reality as Metaphor?

By Jan Roth

Clearly, NPAP senior members Arthur Robbins and Prof. Robert Irwin Wolf were enjoying their creative dialogue at the Program Committee's talk "The Artist in the Therapist/The Therapist in the Artist," given at the end of last October. Alan Roland moderated the panel, and began by noting NPAP's inclusive and diverse training and membership population. The panelists discussed the subjective aspect of coming from another discipline into psychoanalysis.

Robbins and Wolf are both stone carvers who have known each other for 45 years. Robbins is the founding director of the Institute for Expressive Analysis (IEA). Wolf, an art photographer as well, is the current president of IEA. Roland is a lifelong painter, printmaker and watercolorist.

In speaking about being a therapist, Robbins noted the importance of being present with your patient. The flow, movement, and meeting of the unconscious minds render insight, interpretation, and empathy irrelevant, he said. Robbins welcomes memories, playful uses of space, and crazy occurrences in the treatment, without putting closure on them. He cited the pizza connection between himself and one of his patients, someone who had experienced a

very profound attachment problem. Their mutual liking of pizza allowed them to connect with each other via a kind of mirroring.

Robbins and Wolf both spoke about "energy." They seemed to agree that it is different from libido. Wolf spoke of energy coming from HERE, pointing to his heart, not from here, pointing to his head. When the connection with a patient is lost, Wolf goes HERE. Robbins spoke of a back and forth connection between people from energy that does not have words – for example, as in dance.

Wolf discovered that sculpture was transformative and led him to feel something very primal – a connection to the quickening of the heart of the self. He spoke about psychoanalytic concepts and processes: the ego, regression in service of the ego, conscious and unconscious, and totalistic countertransference. Wolf often uses artwork and visualization in processing countertransference. He has found that metaphoric and symbolic images can open up the flow and get past resistances.

Robbins initially disliked art because it was supposed to be pretty and look nice. Eventually, he found stone and welding, and loved using a blow torch. A central feature of Robbins' works as an artist and as an analyst is not getting botched up in

"losing," in order to be present enough to see the options. He amused the audience by saying that the biggest metaphor we have is reality, explaining that our problems in work, and the troubles we have with reality are metaphors for our inside world that we are trapped in. The outside is a reflection of what is inside.

Roland is the son of an artist, and started painting at age four. In a second analysis with Esther Menaker, many memories from his early life in an artistic family emerged. In his 30s, Roland got involved in printmaking, intaglio printing, woodblock printing and painting. He continues to work and seek critiques of his art from respected colleagues.

The panelists noted a change in psychoanalytic training since the 60s and 70s when countertransference was something to get rid of. A lively discussion ensued about how to identify and work with the analyst's feelings.

Questions from the audience led to discussions of process and product, verbal and nonverbal approaches, resolution or constellation, irrationality and rationality, playing, stone as metaphor, science, and evidence-based treatment. Audience members wanted to know about working with special populations. The panelists were warm and supportive of efforts to use creativity in bridging the known and the unknown, to dance between primary and secondary process.

CE credits (2.0) were available to the audience. Future programs will feature sociologists, and ones from a background in literature. □



from left ART ROBBINS, BOB WOLF AND ALAN ROLAND.

### NEW FEATURE!

*News & Reviews* is pleased to announce a new and regular "Letters to the Editor" column. All members and candidates are invited to submit letters to the editor related to previously published material in *N&R* or about NPAP. Not all letters can be published and *News & Reviews* reserves the right to edit the letters as space permits. Submit your letter to sawyersusang@msn.com. Firm deadline for the spring issue is March 31st.

*With this issue we welcome Jerry Gargiulo, who will continue our focus on Theodor Reik with his column Reik Today. – Eds.*

### By Jerry Gargiulo



I would like to share some brief, perhaps self-evident reflections about how Theodor Reik can inform our clinical practice today. I don't have the mastery of Reik's life that Mort Israel has, so I stand in his shadow in offering these reflections.

Sitting in my analyst's waiting room, on 81st Street & Central Park West, now over 40 years ago, I recall arriving early so I could read in a quiet place. The first of the many texts I read was *Listening With The Third Ear*. Delighted, surprised and informed, I sensed I was reading

someone who knew both people and their hopes, dreams, dreads and goals ...intimately. The task of becoming a psychoanalyst or in allowing myself to be one (Reik believed psychoanalysts were born), was made easier as I paged through his well-written and focused reflections.

Of the many insights I recall, a few come to mind. One was his awareness that theoretical formulations should always just *inform* our listening, but not *form* our listening. Of course. All we have to do is to read the titles of his books to know that. But what does that mean in our everyday self-awareness and practice? I think what Reik was getting at is that it's enough to be a psychoanalyst, born with an internal sensitivity as well as curiosity, forged in childhood pain to be able to learn from and hear another human being's grief and conflicts. That means trusting our inner images, feelings, thoughts and confusions as we sit with another. We experience our patients – progressively – as we experience ourselves. We are writing our autobiographies as

we hear theirs.

We are psychoanalysts first before any adjectival secondary designations, e.g., Self, Relational, Winnicottian, Freudian, Lacanian etc. We all know this and yet, often, we don't. Reik was particularly concerned that Otto Fenichel's top-down diagnostic approach would displace the unknowing he felt was intrinsic to process. I am extending his thought when I say that he would be concerned that contemporary secondary designations might progressively displace the more primary one of experiencing oneself simply as a psychoanalyst. Clinical theories, I believe, help the practitioner find his or her self, what resonates for them, more than define what one should or should not do. Reik's antidote to top-down approaches was that analysts be continually surprised by the process, by what is said, particularly by themselves. And, as we know, surprise is usually the seed-ground for creativity. □

## NOTES FROM THE AUDIENCE

### Hanna Turken: Exploring Infantile Needs

#### By Claire Beth Steinberger

The Continuing Education Committee warmed up the first snowy evening of the year (Jan. 17, 2016) with a stimulating clinical presentation by NPAP Senior Member Hanna Turken.

In "Going Nowhere – An Elaboration on the Role of the Father: The Preoedipal Father as a Crucial Component in Personality Integration," Turken offered a well-rounded discussion that rooted her clinical work in early attachment and individuation processes. Her ideas echoed – and expanded – an appreciation of early "transitional space" developmental needs in the context of separation and "good enough" parenting (Winnicott, 1965).

In this way, Turken's presentation explored the meaning of infantile needs, particularly the role of the early father in providing an important dyadic experience that offered differentiating delineations and operated in both dyadic as well as triadic (marital and/or couple forms). The father's expansive role signifies sensory, erotic, cognitive, affective and self-esteeming experiences that are meaningful to the child's future developmental needs and stages.

Turken's clinical discussion centered on several cases (female and male), offering examples of failed defensive compromises that connected to an infantile history marked by paternal absence, neglect and/or disappointment. Since psychoanalytic theory has gen-

erally focused on the role of the father in respect to oedipal adjustment (mental structure, superego development, creation of an ego ideal), this presentation offered new ideas for expanding an early therapeutic paradigm.

Along this line, we have a chance to ponder the meaning of analytic theory in regard to early and later individuation and autonomy, including the role of the early mother (e.g., merger and separation, Mahler, Winnicott) and the second "individuation" phase of adolescence (Blos).

Turken suggests that psychoanalytic theory shows a gap when it comes to understanding adult adaptation in areas of sexual identity, ego ideal consolidation and love, work and creative actualization. She aims to fill the gap by pointing to an infantile need for differentiating objects that serve several multiple functions.

In this way, she expands on the infant research and analytic findings of Ernest Abelin, particularly stressing the dynamics surrounding both parents – an early need for a "second" (differentiated) object that allows for contrasting experiences of security, mood elation and exploratory opportunities marked by curiosity, knowledge and externality.

We can imagine a shifting continuum that allows the infant to have "another" who supports "space" and provides a soothing/ mitigating opportunity for affectively charged

emotional storms and/or discharge.

Referring to a "father function," Turken makes it clear that a "good enough," "second" object need not be based on gender. Parenting by two females or males can provide this important function if sufficient "differentiation" between the adults takes place.

By sharing her own clinical work with male and female patients, Turken notes how she was able to be used as a new object for identification and self-actualizing possibility by both sexes, fitting with an analytic paradigm that suggests a maturational need for self and object idealization and actualization. Comparing female and male patients, Turken looks at gender-based defensive functioning, where females enter treatment with eating disorders and sexual acting out, and males with gender ambivalence and stunted careers. One patient reflected his dilemma, sharing that he moved from the "correction department" to a teaching position, while another patient was able to change to a more fulfilling career and creative path.

Audience participation was lively and intense, bringing questions related to a Kleinian model of early infancy (drives and fantasies), insights around the role of a "real" father who could "play" and provide an antidote to a "father fantasy" and "father hunger" and the need for further research on the role of parenting and the quality of couples' interpersonal relationship. □

## In the Mind Fields: A Writer Explores the New Science of Neuropsychology

By Steve Yagerman

On Sunday, Nov. 22, the Neuropsychanalytic Study Center and the Continuing Education Committee of NPAP hosted a program at NPAP featuring Casey Schwartz, author of the new book *In The Mind Fields: Exploring the New Science of Neuropsychology*.

Ms. Schwartz recounted her journey into a realm of mutual suspicion between the hard science of neuroscience, studying physical brain function, and the more humanistic discipline of the mind that is psychoanalysis. In her journey, which included some close encounters with NPAP members and faculty, Ms. Schwartz' book and presentation point to the possibility and hope of the mutual benefits of these two wary disciplines embracing the fruits of each other's work.

We are all too familiar with the split, rending our collective psyche between the arts and sciences. Our universities grant graduates either a Bachelor of Arts or a Bachelor of Science. We are divided between the romance of qualitative human experience and the science of quantitative empirical evidence. As Ann Landers has asked: Is it love or is it chemistry? Is it possible or even necessary to know the difference?

In 2006, Ms. Schwartz, considering a career in some branch of psychology, enrolled in a newly founded, two-year program at the Anna Freud Center in London in 2006. The class spent the first year in London, studying psychoanalytic tenets and theories. The second year the class of nine students relocated to Yale University to study neuroscience.

Ms. Schwartz recounted how she was struck by the profound disconnect, suspicion and disparagement between the two disciplines: They didn't mention neuroscience in London and they didn't mention Freud at Yale. The analysts didn't trust the scientists and the scientists didn't respect or acknowledge the work of the analytic world.

From Yale, Ms. Schwartz recounts hearing of, seeking out and meeting Dr. Mark Solms who was profoundly interested in the integration of the studies of the mind and the brain. His expansive and eclectic views helped Ms. Schwartz see possibilities of each discipline enriching and expanding the other.

Eventually, with Dr. Solms' guidance, she began to attend the neuropsych group at NPAP, hosted at Edith Laufer's house. Here various cases of people suffering from a variety of brain damage were presented and discussed in a psychoanalytic context. Much of this process was held under the keen eye and inquiring mind of Dr. Solms.

Gradually, Ms. Schwartz reported to the group on Sunday, that she once again came to deeply value the intense power of the human-to-human relational work of psychoanalysis alongside the scientific breakthroughs of neuroscience's brain research.

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*They didn't mention  
neuroscience in London and  
they didn't mention Freud at  
Yale. The analyst didn't trust  
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didn't respect or acknowledge  
the work of the analytic world.*

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The details of these collaborations she largely left to the careful reading of her book. Rather than elaborate on specific findings, Ms. Schwartz invited a lively discussion. It emerged in discussion that many in attendance had substantial exposure to the work of our neuropsych group, others reported their own personal work with patients using some of the insights from the neuropsych group and others related their experience at the case presentations at Edith Laufer's apartment. Many had already read, enjoyed and recommended the book. Ms. Schwartz was particularly gracious in donating copies of the book to the NPAP library. Having participated so fully in some of the clinical neuropsychology work sponsored by NPAP, Miss Schwartz was welcomed as one of our own. □

## SPIRITUALITY COURSE SCHEDULED

Ruth Rosenbaum will teach a six-week course sponsored by the Continuing Education Committee on "Where Spirituality and Psychoanalysis Meet: Exploring Dimensions of Intersubjective Space."

The course will meet on Sundays, Feb. 28, March 6, March 13, April 3, April 10, May 1, from 5:30 to 7 p.m., at NPAP.

Nine New York State contact hours will be granted to participants with documented attendance and completed evaluation forms. On completion, a certificate of attendance will be emailed to all participants.

The course is open to NPAP members and candidates at no cost, and to non-members for a fee of \$30 for each 90-minute class. Discounts for college students are available. Registration is suggested.

This course will demonstrate how an integration of psychoanalytic and spiritual perspectives in the mind of the analyst can enhance psychoanalytic treatment and help overcome therapeutic impasses. Shifts in conceptualizations of time and space that are implied by a spiritual perspective will be explored with a focus on clinical application.

Psychoanalytic topics such as the intersubjective field, enactments, transference/countertransference and unconscious communication will be described within this integrated model. The course will also address a variety of spiritual experiences reported by patients, offering ways of understanding and incorporating them in psychoanalytic practice.

Dialogues between the instructor and other analysts whose work reflects this framework will be featured. Among them are Richard Reichbart, president, IPTAR; Paul Cooper and Alan Roland.

Ruth Rosenbaum, in addition to her work at NPAP including faculty, training analyst and supervisor, is also adjunct professor, Counseling and Clinical Psychology Dept., Teachers College, Columbia University. She has also written and lectured widely on intersubjectivity, models of consciousness, and spirituality and psychoanalysis.

To register, email NPAP at admin@npap.org or phone 212-924-7440.

## Sy Coopersmith: A Personal Reflection

By Doug Maxwell

It was the fall of 1982 when I schlepped up to 86th St. and Central Park West to the office of Sy Coopersmith, where he was teaching the course Diagnosis 2. His ability to teach was consistent with his personality, fiercely intelligent, disarmingly witty, totally respectful of students and open to hearing others' opinions.

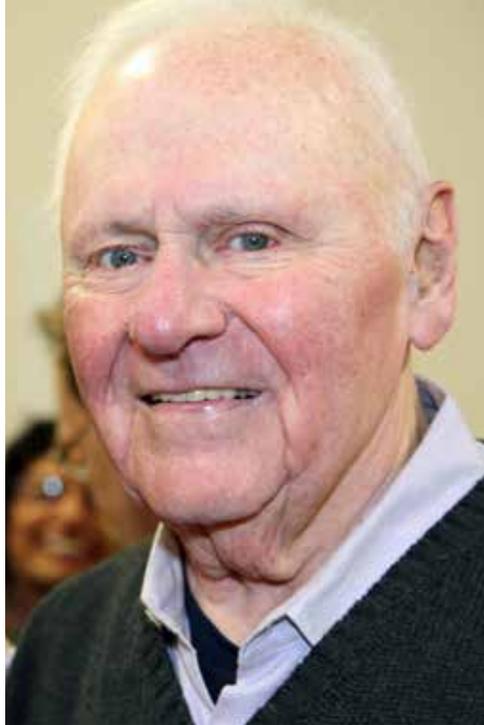
By the spring, we began a supervisory relationship. At one early supervisory session I told Sy how a TRCC patient had missed her first session. My office was at 80 Fifth Ave. on 14th St. She called and said she was on 80th St and Fifth Ave. Sy got that twinkle in his eye and responded, "Wishful thinking for both of you."

The supervision lasted for seven years until my graduation, and a friendship that solidified and grew over the next three decades followed. Ironically, the year I graduated, Sy decided to teach the Borderline course and give up Diagnosis 2. I applied for the position and got it and still teach the course today.

Sy was born in Boston on June 19, 1931. He graduated from Bates College in Maine with a degree in engineering and later received his doctorate from Columbia University. Of course he did his psychoanalytic training at NPAP. What he liked about it was the relatively open and eclectic attitude, especially when compared to other institutes like New York Psychoanalytic. He also liked the democratic structure of NPAP most of all when it came to training analysis, control and faculty.

The fact that we are a one-tier system and that we insist upon psychoanalysis as an independent profession was primary for him. He became active in association and institute politics, which culminated in his being elected president of both organizations for the first of multiple times in 1980. He loved NPAP, with a passion and an ardor that led to a lifetime of engagement.

During the mid 1980s he formed a reading group that focused on borderline psychopathology. I joined this group. Sy led it as if he was a Talmudic scholar. (In fact, his grandfather was a Talmudic scholar, but that's as far as religion went for Sy.) Sometimes we would advance no more than one or two pages in a session. For more than a year we focused on the recently published *Borderline Patients: A Psychoanalytic Perspective* by Abend, Porter and Willick, three members of New York Psychoanalytic who were also members of the Ernest Kris Study Group. We teased Sy about his "teaching method," but the truth be told, I learned more about borderline in the years of that study



SY COOPERSMITH Photo by Bob Wolf

group than anywhere else. I have suggested to the Library Committee that that book be dedicated in the memory of Sy.

As we broke for the summer after the first year, Sy invited the group out to his East Hampton house for a weekend. One member of the group confided to me, "What is he crazy? He's the teacher. I'm not going there." That was Valerie Pinhas and the irony, of course, is that by the next summer she was living there and had their wedding reception there as they had become the love in each other's life.

Not too long after they got married, the other true love of Sy's life came along, Andie. I'm not sure that Sy ever really wanted to have a child before; after all, he had avoided marriage until he was almost 60. But when he fell in love with Valerie, he knew this was a priority for her so... I think even he was surprised how much he loved Andie right from the start. Rarely would I have a conversation with him when he would not relate an Andie story. And as she grew into adolescence, the stories turned to her prowess as a tennis player, often giving me a game by game description of her matches.

One day when she was in high school, he called to alert me of an article about to appear in the *New York Times* focusing on older fathers and younger daughters. He and Andie were featured in it, and he waxed on with such pride about how mature and well-spoken she had become.

I was also privileged to share so much in the area of psychoanalytic politics with Sy. Around

1990, when he began his second term as president of NPAP, he, Jerry Gargiulo, the late Marty Schulman and I represented NPAP during the formation of the International Forum for Psychoanalytic Education (IFPE). It was originally started with seed money from Division 39 of the American Psychological Association to become an accrediting organization. Together we were able to maneuver that organization away from Division 39 to become the progressive, independent organization it is today.

In 2008, the first year of my presidency there, Sy presented a draft of a paper at the IFPE annual conference that would lead to his 2010 edited volume of *The Psychoanalytic Review*, *The Future of the Training Analysis: An Introduction to the Future of Psychoanalytic Education* (*The Psychoanalytic Review*, 97, Issue No. 6, pp. 899-1042, 2010) in which he used NPAP as a model of a "bottom up" institute that promoted inclusiveness, opposed to APsA institutes that are "top down" and rely on exclusivity. Once again he championed the cause of diverse, independent psychoanalysis arguing vehemently against the two-tier system of psychoanalytic education.

At that same IFPE conference my presidential address also dealt with psychoanalytic politics. I addressed the history of exclusion of non-tridiscipline analysts and how this led to the psychoanalytic licensing law in New York, and the ongoing battle over licensing in Massachusetts. This was also shortly after I had concluded my first stint as president at NAAP. I owe all of that to Sy. Sy had been one of the most outspoken proponents for the licensing of psychoanalysis in New York State. This finally happened in 2002 with the implementation scheduled for 2006.

In 2004, shortly after the New York Licensing law was passed, Sy called me to say that he had recommended me to the NAAP leadership as someone who could lead NAAP through the process of implementation and regulation over the next several years. I had opposed licensing because with it comes cumbersome regulation and bureaucratic oversight, but after we talked, and Sy was always so persuasive, I agreed to meet with the leadership. Our discussion led me to see that in as much as the law existed, it was necessary to make its regulations and implementation as palatable for us as possible. I had no idea of the work and the commitment that was going to be required of me. This spring I will conclude my third and final term as president.

How different my professional life would have been if I hadn't known him, but more importantly,

*Continued on page 19*

## Harvey Schrier Was Longtime NPAP Member

We are saddened to report the death in November, 2015, of longtime NPAP member Harvey Schrier. Harvey trained at NPAP and knew Theodore Reik. He graduated from Harvard and received his Ph.D. from the University of Michigan.

He was a long-standing member of the Freudian Society, IPTAR, and CPPNJ (in New Jersey). Harvey and Martin Bergmann founded the Mental Health Consultation Center in 1956, and he also worked at the Northside Center for Child Development in Harlem with Kenneth and Mamie Clark, who were psychologists and civil rights activists. The center was founded to address the social, emotional, and psychological needs of Harlem youth. It still offers mental health and educational services to children and adults. He stopped working three years ago.

Harvey studied Jewish life, and had a passion for Israel. He is survived by his wife, Helen, of 49 years, two daughters and five grandchildren. In his memory, his family asked that people do an act of kindness.

As is our custom, the Admissions & Membership Committee will purchase and dedicate a book in his memory for the Douglas F. Maxwell Library at NPAP.

—*The Admissions & Membership Committee*

## Remembering Regina Feingold

Regina Feingold, a member, died on Oct. 24, 2015. She had been suffering from Parkinson's for many years. Those who knew her remember her intelligence and her remarkable sense of humor. She was a warm and loving presence. She leaves behind her devoted husband Joseph, her very caring daughter Ame Gilbert, and four adult grandchildren.

### Compiled and edited by Amanda George

#### INACTIVE STATUS

##### Admissions & Membership Committee

The committee has been trying to locate members for whom NPAP does not have accurate contact information. All of these members are over 75 years of age and are exempt from dues, so have not been in touch with the office for some time. As a reminder, the by-laws allow for members to have an official "inactive" status, which applies if you are no longer practicing. Inactive members may not vote, serve on committees, or hold office. Members must apply to the Admissions Committee for inactive status. If you plan to retire or relocate, please let the office know so our records can be updated.

Along with the Continuing Education Committee and the Ad Hoc Fundraising Committee, plans are underway to sponsor a performance of "The Freud/Ferenczi Letters." Stay tuned for details.

The committee continues to work with librarian, John Augliera, to purchase books to be dedicated to recently deceased members. If you have news of a deceased NPAP member, please contact the office or committee chair, Rebecca Kuzma.

Monthly Dutch treat luncheons continue on the first Monday of the month at Cafe Loup, 12:30 pm.

*Rebecca Kuzma (Chair), Betty Bederson, Anita Bookey, Arnold Brenner, Ellen Gasnick, Judy Greenwald, Joyce Rosenberg, Doris Solomon, Tom Taylor.*

#### SUPERVISION UPGRADE Clinical Supervision Committee

In the past year this committee, composed of Jim Holmes and Peter Zimmermann as consultants, and with the help of Irwin Cohen in programming the NPAP Database, has been able to complete the first part of its mission: to compile a complete curriculum vitae for each MIT. For example, committee members will know if all course requirements and electives have been met for each level and can see the educational history of each MIT.

There are safeguards built in to avoid confidentiality issues. The information will only be accessible for the day of an exam with a password available only for each committee member of the MIT being examined. This password will expire after the exam is completed. In the future, exam material for a committee can be accessed from tablets and laptop computers so committee members can have a complete folder with which to familiarize themselves

and exchange questions with other committee members. In this way each member will not have to wait to have parts of an MIT folder passed to them. This will also be helpful to the administration and various committees needing to reference material for an MIT.

The second part of the Clinical Supervision Committee's mission is to put together a Supervisors' Handbook, which will be a supportive tool to work with MITs and give a formal structure for supervision at NPAP. The handbook will contain complete information about the requirements to be a supervisor, the duties and responsibilities to supervise both degree and LQ MITs. These requirements will be from both the State Department of Education and NPAP's training program. The committee will also be a voice at the board meetings as are other governance committees, with recommendations and concerns connected with supervisory issues that arise from both supervisors and MITs. This will be the first time this unified voice will be heard and have a place to centralize issues. In the future there will be presentations to educate MITs about different theoretical and technical approaches to treatment and the supervisory process.

*Richard Karpe (Chair), Irwin Cohen, Jim Holmes, Peter Zimmermann*

#### ON THE EDGE

##### Continuing Education Committee

The CEC continues with its exciting, cutting-edge programs in 2016.

Following a fascinating program with Casey Schwartz, *In the Mind Fields* (November 2015), Hanna Turken presented "Going Nowhere - An Elaboration of the Role of the Father: The Pre-Oedipal Father as a Crucial Component in Personality Organization" on Jan. 17. We are also looking forward to a program on "The Evolving Analyst: How We Work" (March 2016); "Identity in Flux" (with the Gender and Sexuality Committee) in (possibly) April; in May, a Supervision Group with Judy Ann Kaplan; and, in June - A Special Event! Looking forward to fruitful and lively programs!

*Alice Entin (Chair), Murray Gelman, Judy Kaplan, Edith Laufer, Loveleen Posmentier, Judy Rappaport, Penny Rosen, Claire Steinberger, Hanna Turken*

#### HIT THE HIGHLIGHTS

##### Faculty & Curriculum Committee

A complete report of the activities and accomplishments of the F&C Committee for the year 2015 was distributed at the NPAP annual

*Continued on page 16*

## COMMITTEE NEWS

meeting in December 2015. Here are a few highlights of our work in the period of Sept.-Dec. 2015:

- We planned for and did the administrative work for the winter term of 2016. We are putting the finishing touches on the spring term.
- A subcommittee of the F&C Committee continues work on reorganizing the Freud courses, both as to content and reading lists.
- We reviewed candidate evaluations of faculty for the spring/summer, 2015 terms.
- We discussed faculty procedural issues.
- We discussed and made decisions related to candidate requests.
- We discussed candidate/faculty issues.
- We began to work on the proposal by Art Pomponio to F&C for reviewing the 800-level and developing “Specializations,” a series of courses on a particular theme or theory.

We hope that this short report enhances members’ and candidates’ understanding and knowledge of the functioning of the F&C Committee. *Helen Goldberg (Dean), Rusty Horn, Leah Pittell Jacobs, Deborah Keith, Ed Levy, Tine Pahl (MITO rep), Loveleen Posmentier, Claire Steinberger, Linda Washburn*

### GENEROUS GIFTS

#### Ad Hoc Fundraising Committee

##### Dedication of Les Max Treatment Room

On Dec. 20, shortly before our holiday party, a large group filled NPAP’s lower level and crowded around room 208. The touching occasion was the dedication of treatment room 208 in honor of Les Max. Due to a generous gift by Bonnie Max, her daughter, Jennifer, and son, Ben, NPAP remembered its longtime member by naming a treatment room in

his honor. Why room 208? That’s where Les saw some of his patients.

The brief dedication, hosted by Association President Jeff Werden and Fundraising Committee co-chairs Rusty Horn and Tom Taylor, included moving remembrances by a few of Les’ colleagues – Beverly Schneider, Edith Laufer, Judy Greenwald, Alice Entin, and Ann Rose Simon. Also, Les’ daughter Jennifer shared her childhood memory of her dad going off to work at “the institute!” Bonnie graciously thanked all who attended and thanked NPAP for its place in her husband’s life. The new sign above room 208 “in honor of Leslie Max” reminds us of NPAP’s good fortune that Les Max shared his professional home with us.

##### \$24,173 Donated to NPAP since Dec. 2014

The committee is excited to report we have raised \$24,173 since Dec. 1, 2014. This includes two significant donations (not including donations to the Sy Coopersmith Lecture Series) totaling \$17,500. Forty-one total contributions have been received in 13 months, including several members who also donated to NPAP when they paid their annual dues. Also, many contributions are now being made on our new website’s “Donate to NPAP” link (<http://npap.org/donate/>), which makes it easy to give a tax-deductible contribution and receive confirmation immediately.

We are now collaborating with both the Continuing Education and Admissions committees to sponsor the play “The Freud/Ferenczi Letters,” a dramatization of their highly contentious relationship. Details to follow. *Rusty Horn & Tom Taylor (co-chairs), Michael Mashberg (MITO rep), Nancy McWilliams (honorary member), Sue Mitchell, Tom Wagner*

### MOVE ON

#### Legislation Committee

An email was sent to the membership relating to the Move-On petition to New York State Legislature to help insure Out-of-Network (OON) benefits in all mental health insurance coverage. *Peter Kroll (chair)*

### FIRST ANNUAL BRUNCH

#### Training Committee

A brunch was held at Sue Mitchell’s apartment on Nov. 1 for new candidates. Art Pomponio and members of the Training Committee were there to introduce themselves, welcome the new candidates, get to know them, and answer questions. We hope to make this an annual event.

The committee has begun reviewing the Training Procedure Manual. Much is outdated and new procedures need to be developed and added. When completed, it will be posted on the database for all members and candidates to see.

The Training and F&C committees will meet in January to discuss issues that cross the boundaries between the two committees. We hope to meet several times a year in order to keep the lines of communication open.

Our thanks to all those who volunteered to sit on evaluation committees. Even those who were not assigned to a committee have made a significant contribution. Only with lots of volunteers can we create the best committees. *Sue Mitchell (chair), Jayne Bloch, Judith Greenwald, Neil Herlands, Jane Kupersmidt, Susana Martinez, Judith Newman, James Rubins*

### LP RESOLUTIONS

#### TRCC Committee

For the past few years TRCC has been working on resolving issues that have emerged as a result of the introduction of the License in Psychoanalysis, and with the move of the physical space of NPAP. We now feel that there has been a resolution of many of these issues. We are still addressing the pressure on office space during peak hours, and the issue of emergency supervision. The question centers on whether individual supervisors will now be responsible for emergencies with their License Qualifying candidates. Once this is resolved we will be distributing the information to the community.

The Director of Intakes and Referrals, Lois Wedin, reported that by year end there were 338 intakes to TRCC. This figure was consistent with recent years. Of this total, 90 percent were referred – the rest had not paid their intake fee or were referred to a more appropriate resource. Most of these referrals (77 percent)

*Continued on page 19*



**FAMILY & COLLEAGUES** gather to dedicate treatment room 208 in memory of longtime member Les Max. *In foreground, from left: grandsons Ethan Schiffman and Justin Max, with Bonnie Max. Photo by Bob Wolf*

Compiled and edited by  
**Tom Taylor and Laura D'Angelo,**  
*recording secretaries,*  
*association and institute*

*To our readers:*

*Many of you who responded to our recent reader questionnaire asked for less duplication of material. To address this valid concern, starting with the forthcoming spring issue, the board minutes will no longer carry full committee reports. These reports can be found in the column Committee News. We hope this will streamline the reading process for all.*

*– The editors.*

## JOINT BOARDS

At the October meeting, Institute President Art Pomponio introduced the topic whether to reconsider moving forward in implementing the restructuring referendum's vote to create a new board structure. Art's proposal to reconsider implementing the referendum results was based on several reasons. His call for volunteers to do the necessary work went unanswered. He also speculated that this lack of response may be symptomatic of a lack of choice presented to the community. Both models presented in the referendum were large boards similar to the boards now in place. Art asked the boards to consider all options, including staying with the current board structure and going back to the original small-board model.

As of yet, no work has been taken to implement the referendum results. These steps include securing legal counsel, preparing a document for state review by three separate agencies, and, if the proposal is approved by those state agencies, another NPAP referendum will be required to approve bylaw changes.

At the November meeting, there was a sense among board members that we are taking a breath to consider moving forward with restructuring/reorganization in light of the current concern for NPAP's future. A motion passed that the presidents write and send such a letter to the membership conveying this sense of the board re: restructuring/reorganization.

The boards also agreed at the same November meeting to make a decision in the next three months. The options for reconsideration are: 1. Move forward with the referendum by revising the bylaws or submitting the proposed restructuring to the state. 2. Repeal the referendum and issue a new one that includes a choice for a smaller board.

Laura D'Angelo reported on the work of the ad hoc Vision/Mission Planning Team. (See

page 1.) From October through early December, a large group of NPAP members and candidates met three times, facilitated by consultant Aliza Mazor to produce a statement of NPAP's core values, vision and mission. These three statements were then presented for approval at the January meeting and will be circulated among our members and candidates.

The Public Relations Committee and its web design team introduced Michelle Laumeister, our web content manager, to the joint board at its October meeting. According to PR chair Ruth Rosenbaum, Laumeister had weathered many challenges in her first months on the job, including "getting a website that had gone to ashes up and running."

A proposal by the Membership Committee to send an annual letter requesting contributions from members over the age of 75 received no objection from the joint boards. Sue Mitchell asked that the letter require that members over 75 who register for a pepweb (PEP) subscription through NPAP cover the \$65 cost.

And lastly, the joint boards voted unanimously to have a big 75th celebration of NPAP's birth, but not a 70th celebration.

## MEMBERSHIP ASSOCIATION

President Jeff Werden expressed his concern about NPAP's current need to draw more upon NPAP's investment account than anticipated. While making cuts in operational expenses, there have been some unusual expenses this past year including the refurbishing of our interior, the new website, and hiring a vision and mission facilitator.

Jeff thanked Penny Rosen and Alice Entin for their efforts to obtain Social Worker CEU's for NPAP Association courses, Program, Continuing Education events and study groups. He also thanked the web design team for getting our new website up and running. Neuropsychanalytic Clinical Study Group webpages will be added in the near future. Jeff is considering the formation of a technology committee to oversee all the staff and members working on the different aspects of our website and database.

The Sy Coopersmith lecture series is being established, started with a generous donation by Valerie Coopersmith, Sy's widow. A motion passed unanimously that donated funds for the lecture series be part of an endowed fund.

The NPAP Development Fund received a generous donation from Bonnie Max, in memory of Les, her late husband. Coordinated through NPAP's ad hoc Fundraising Committee, treatment room #208 was dedicated in

honor of Les Max on Dec. 20, shortly before NPAP's holiday party. The board discussed the process for approving the dedication of treatment rooms as well as other spaces in our building.

The Reik Archive Committee is being reactivated, with Tom Wagner temporarily leading this ad hoc committee.

## COMMITTEE REPORT SUMMARIES

**Continuing Education:** Chair Alice Entin reported on the successful Nov. 22 book party for Casey Schwartz' *In the Mind Fields*. This work includes several references to NPAP and its Neuropsychanalytic Clinical Study Group. On Jan. 17 the committee hosted "Going Nowhere - An Elaboration on the Role of the Father: The Preoedipal Father as a Crucial Component in Personality Integration" with presenter Hanna Turken. Continuing Education is also working with the Fundraising Committee re: the possibility of a combined Continuing Education & Fundraising NPAP event presenting the play on the Freud - Ferenczi letters. Ruth Rosenbaum's course on Spirituality and Psychoanalysis will be offered in spring, 2016.

Penny Rosen described some of the process of applying for CEU's for NPAP. Classes approved for CEUs for the next three years are Attachment group, Reading group, two Neuropsychanalytic groups, Supervision, and Aging groups. A \$900 fee was paid to New York State and covers NPAP's CEU provider status for three years. Penny underscored the importance of keeping meticulous records for CEU forms – sign-in/out sheets, evaluation forms, certificates – that need to be filled out for classes and program events as well. The office will issue certificates by email at the conclusion of courses and programs, once the sign-in sheets and the evaluation forms are submitted to the office. Evaluations require objectives to be included; 90-minute courses cost \$30 to non-members, \$10 for 30-minute courses

**Program:** The Program Committee has been hosting a series of programs spotlighting NPAP psychoanalysts who also have expertise in other fields like the arts, literature and sociology. For example, on Jan.15, poet Fred Feirstein presented "The Arts of Playwriting, Poetry, and Psychoanalysis." Lee Jenkins and Art Pomponio, both with PhDs in literature, led a discussion entitled "What's the Story and Narrative in Psychoanalysis" on Dec. 4. "Dreaming the Dream of the Social-Cultural Desire," an exploration of sociocultural desires and perspectives in analytic literature

*Continued on page 19*

## ... Joint Boards (cont.)

Continued from page 17

and psychoanalysis, was led by sociologists Catherine Silver and Patricia Clough last Nov. 20. Before that, on Oct. 30, sculptor Art Robbins and photographer/sculptor Bob Wolf presented "The Artist in the Therapist/The Therapist in the Artist: A Creative Dialogue."

**Admissions:** Nov. 1 the Admissions Committee hosted a salon in its Arts & Psychoanalysis Series for NPAP member Merle Molofsky. Merle read from her recently published novel, *Streets 1970*. Also on Nov. 1, members of NPAP traveled together for an outing organized by the Admissions Committee to the Tenement Museum. The committee also recommended that annual membership dues for both the association and institute be payable through our new website in addition to paying by check. The committee is undertaking a project to search for members over 75 with whom we have lost contact.

**Standards & Ethics:** The Ethics Code is now posted on the database.

**The Psychoanalytic Review:** Editor Alan Barnett informed the board that the October issue of *PR* was a special issue on French psychoanalysis. Guilford Press was printing extra copies that can be purchased for \$20.

### THE TRAINING INSTITUTE

A motion was unanimously passed to add Sue Mitchell to the Psychotherapy Committee.

**President's Report:** Art Pomponio reported that ABAP accredited NPAP for another seven years. The Psychotherapy Committee, in an open meeting with members, received valuable feedback. Following the meeting, a dialogue around course descriptions and syllabi ensued. The Psychotherapy Committee reviewed ideas about course offerings and invited prospective teachers to submit proposals. Based on those responses, the program has enough people to teach the courses for the first year. A meeting will be held with the Public Relations Committee on Jan. 18 to promote the program and solicit participation from people with expertise in social media and promotion, as well as distance learning.

**Training Committee:** The committee has updated the training manual and is asking members to update license information on NPAP's website. Many faculty members did not volunteer to participate in one exam per year, the minimum stipulated in the teaching agreement with NPAP.

A discussion about enforceable actions followed. Also, Sue Mitchell hosted a brunch at her home on Nov. 1 for candidates who registered last year. A meeting later that day for mentors of candidates and enrollment interviewers was not well attended. The committee is exploring ways to deal with a problem regarding candidates who are not proficient in English.

**Faculty and Curriculum:** With the help of Irwin Cohen, the committee developed an online way of announcing courses. The committee also created a faculty grievance policy that is required by ABAP. The committee drafted a policy that directs candidates to the F&C committee as their first action if they wish to change the day or time of a scheduled class. Five courses were offered for the winter term: RFreud 2, R610 Psychopharmacology, R 660 Case Presentations by Guest Analysts; R 660/760/860 (combined Case Presentations by Guest Analysts) and E850 Fantasy and Unconscious Process. One course, Freud 3, did not run because of a lack of registration. Also, the committee has begun work on offering areas of specialization in the 800-level courses.

**Student Recruitment:** An investment in advertising on social media has paid off at a measurable rate. More interest has been generated for the open houses.

**TRCC:** The committee has asked our NPAP lawyer to clarify whether supervision needs to take place on site.

**MITO:** MITO allocated money to purchase coffee for the cafeteria. Registration for the Theodor Reik lectureship was a success. MITO is considering plans to launch more initiatives, such as inviting speakers to NPAP for events that will be free to the public. MITO will sponsor a panel discussion on the "Candidate's Voice" Dec. 2, from 8 to 10 p.m. at NPAP. MITO purchased four folding chairs for the consultation rooms. □

## ... Committee News (cont.)

Continued from page 16

were low-fee and directed towards the candidates; the rest were higher fee or managed care cases that were referred to members.

This percentage breakdown of referrals differs from previous years in that more referrals were made to members than in the past. This, according to Lois, is due to the increase in demand for in-network therapists or Medicare providers. She also points out that the number of referrals may have exceeded the number of people who actually entered and remained in

treatment. This, again, is to be expected.

Elizabeth Ronis has stepped down from the committee and we thank her for her involvement over the past three years. We also have a new and enthusiastic MITO rep, Jan Roth. We welcome her aboard, and thank her and MITO for the work that they have been doing to make for a more collegial shared-office environment in the treatment rooms.

*Ellen Kahn (director), Diane Clemente, Sarina Meones, Michael O'Loughlin, Jan Roth (MITO rep), Ann Spalding, Lois Wedin (administrator)*

## NEUROPSYCH DISCUSSIONS ANNOUNCED

The Neuropsychanalytic Clinical Study Center of NPAP hosts a monthly reading group in which members and candidates are invited to read, study and discuss some of the seminal books and articles in neuropsychanalysis and neuroscience. One New York State continuing education credit will be available for social workers for each meeting. You must have your SW license number with you.

Meetings take place on the first Friday of each month from 2:30 to 4 p.m. in the large meeting room at NPAP. Below is the meeting schedule and a list of the books to be discussed. Facilitators will not be lecturing about the readings, but will be facilitating a collegial discussion based on the readings. Participants are asked to read the selections beforehand and take their copies to the meetings, along with their comments, questions and textual references.

Schedule with readings follows:

March 4: Mark Solms & Oliver Turnbull (2002) *The Brain and the Inner World: An Introduction to the Neuroscience of Subjective Experience* (Specific chapters TBA) Facilitator: Ann Rose Simon

April 1: Antonio Damasio (2010) *Self Comes to Mind: Constructing the Conscious Brain*, (Specific chapters TBA) Facilitators: Charlotte Kahn and Mary Edlow

May 6: Eric Kandel (2006) *In Search of Memory: The Emergence of a New Science of Mind* (Specific chapters TBA) Facilitator: Edith Laufer

June 3: Allan H. Ropper (2014) *Reaching Down the Rabbit Hole*, (Specific chapters TBA) Facilitator: Mary Edlow

## ... Mission POSSIBLE (cont.)

Continued from page 1

We enter training at NPAP through professions in the arts, humanities, sciences, medicine, law, business, education and all the mental health disciplines. As psychoanalysts, we continue to engage those worlds. We value interdisciplinary discourse because we believe that cross-pollination of ideas creates innovation and enriches our work. Our mission statement captures these facets:

*NPAP educates psychoanalysts in diverse theories, provides a public forum for interdisciplinary discussion of contemporary issues, and delivers affordable psychotherapy and psychoanalysis to the community.*

### Core Values

Our core values are an expression of our DNA. They define what NPAP stands for. They are enduring and fundamental. They are:

**INDEPENDENCE** – We celebrate our legacy as one of the first institutes to promote lay analysis and proudly carry that spirit into the future.  
**THEORETICAL PLURALISM** - We are deeply committed to both the fundamentals of psychoanalysis and the evolving theoretical landscape.  
**DEMOCRACY** – Candidates and members vote on policy and direction. Members have the opportunity to teach, analyze, supervise, run for committee and board positions, and submit proposals to standing committees.  
**RESPONSIBILITY** - We serve the community by offering affordable therapy to the public. We promote the discussion of psychoanalysis in contemporary mental health care through clinical practice, research and writing. We commit to affirming individual dignity and to addressing issues of violence, civil liberties and environmental destruction.

**COMMUNITY** - We provide an inspiring professional home where members and candidates can create referral networks, nurture friendships, join study groups and generate new ideas.

**DIVERSITY** – We welcome outstanding candidates from different professional and educational backgrounds. We build community that is diverse in terms of race, ethnicity, nationality religion, age, gender identity and sexual orientation.

### Next Steps

Our vision, mission and core values anchor us and point to a new direction. But that alone will not bring about change. We need to be intentional about creating new programs and supporting innovations that align with our vision and mission.

Ideas energized by the work of the vision and mission group have already begun to take flight. There is push to make our training on the 800-level more theoretically diverse by creating special-

ization tracks. While our neuropsychanalysis program is a proud and unique outgrowth of our interdisciplinary heritage, it is just the start.

In the name of Sy Coopersmith, NPAP will sponsor lectures with an interdisciplinary focus. Other ways to put psychoanalysis in dialogue with the arts and sciences to address today's important issues are under discussion. We are creating new programs to make us more competitive. Next fall, NPAP will launch its psychotherapy program. And groups are already brainstorming on ways to add other programs at NPAP. Next month, the planning team will present to the boards a list of suggested next steps generated by the vision and mission group that include changes to the curriculum and new programs. We hope that you, the members and candidates, will be inspired to think about ways to help NPAP live our mission and vision.

*Planning Team Members: Ruth Oscharoff, Art Pomponio, Ruth Rosenbaum, David Smyth, Jeff Werden and Peter Zimmermann. Vision and Mission Large Group: Gina Gold, Jean Golden, Warren Holt, Rusty Horn, Carl Jacobs, Lee Jenkins, Richard Karpe, Montana Katz, Rebecca Kuzma, Victoria Malkin, Sue Mitchell, Tamar Opler, Ruth Oscharoff, Sherman Pfeiffer, Grégoire Pierre, Arthur Pomponio, Alan Roland, Ruth Rosenbaum, Elizabeth Singer, David Smyth, Claire Steinberger, Tom Taylor, Aleksandra Wagner, Jeff Werden, Peter Zimmermann* □

## ... Sy Coopersmith (cont.)

Continued from page 14

how much less my personal life would have been if he wasn't a part of it. In recent years, I had the pleasure of speaking at his 80th birthday and he spoke at my 60th and at my wedding. He really stood in as my surrogate father at those moments. Often I teased him about that and asked him what that meant for him and Valerie as she and I are about the same age and more like brother and sister.

When he called to tell me about his cancer, he reassured me. He would say before I had a chance to speak, "How am I?" He was saying let's move on and live today. I marveled at how he came to terms with his mortality. He often said he just wanted to be here to see Andie get through graduate school and he met that goal. And we were both able to see our beloved Mets climb their way to the World Series before leaving us with the inevitable disappointment. Wait until next year takes on a whole different outlook now, but I'm sure if he can, he will find a place to watch and root.

He was smarter than smart, humorous and witty, filled with good character, passionate and loving. I loved him and I know he loved me. He was as avid a tennis player as I am a golfer. For him our friendship spanned the final two sets and for me it made the back nine full of birdies. I will always miss him. □

## PsychoAnimalyst

By Erica Roe

SIGMUND FROG



ERICA ROE is an illustrator and NPAP candidate.

## WINTER CALENDAR 2016

*All events take place at NPAP and are open to members and candidates unless otherwise noted.*

- Feb. 21** Sunday, 5-8 p.m. – “How We Work: The Evolving Analyst.” Participants TBA. Sponsored by the Continuing Education Committee.
- Feb. 28** Sunday, 5:30-7 p.m. Spirituality in Psychoanalysis course. Sponsored by the Continuing Education Committee.
- March 4** Friday, 2:30-4 p.m. – Monthly reading group sponsored by the Neuropsychanalytic Clinical Study Center of NPAP.
- March 6** Sunday, 5:30-7 p.m. Spirituality in Psychoanalysis course. Sponsored by the Continuing Education Committee.
- March 7** Monday, 12:30 p.m. – Monthly Dutch treat luncheon at Café Loup, 105 W. 13th St. Held the first Monday of each month. Sponsored by the Admissions and Membership Committee.
- March 13** Sunday, 5:30-7 p.m. Spirituality in Psychoanalysis course. Sponsored by the Continuing Education Committee.
- March 14** Monday, 8:30 p.m. Joint meeting of NPAP Training Institute and Association Boards.
- April 1** Friday, 2:30-4 p.m. – Monthly reading group sponsored by the Neuropsychanalytic Clinical Study Center of NPAP.
- April 2** Saturday, Time TBA. Catherine Silver will speak. Sponsored by the Program Committee.
- April 3** Sunday, 5:30-7 p.m. Spirituality in Psychoanalysis course. Sponsored by the Continuing Education Committee.
- April 4** Monday, 12:30 p.m. – Monthly Dutch treat luncheon at Café Loup, 105 W. 13th St. Held the first Monday of each month. Sponsored by the Admissions and Membership Committee.
- April 10** Sunday, 5:30-7 p.m. Spirituality in Psychoanalysis course. Sponsored by the Continuing Education Committee.
- April 11** Monday, 8:30 p.m. Joint meeting of NPAP Training Institute and Association Boards.
- April 24** Sunday, Time TBA. NPAP Open House.
- May 1** Sunday, 5:30-7 p.m. Spirituality in Psychoanalysis course. Sponsored by the Continuing Education Committee.
- May 2** Monday, 12:30 p.m. – Monthly Dutch treat luncheon at Café Loup, 105 W. 13th St. Held the first Monday of each month. Sponsored by the Admissions and Membership Committee.
- May 6** Friday, 2:30-4 p.m. – Monthly reading group sponsored by the Neuropsychanalytic Clinical Study Center of NPAP.
- May 7** Saturday, Time TBA. Dream conference with Lou Hagood.
- May 9** Monday, 8:30 p.m. Joint meeting of NPAP Training Institute and Association Boards.
- May 15** Sunday, 5 - 8 p.m. – Judy Kaplan will coordinate and moderate a “Live Supervision” program. Sponsored by the Continuing Education Committee.
- June 3** Friday, 2:30-4 p.m. – Monthly reading group sponsored by the Neuropsychanalytic Clinical Study Center of NPAP.
- June 4** Saturday, all day – Candidate exams.
- June 6** Monday, 12:30 p.m. – Monthly Dutch treat luncheon at Café Loup, 105 W. 13th St. Held the first Monday of each month. Sponsored by the Admissions and Membership Committee.
- June 13** Monday, 8:30 p.m. Joint meeting of NPAP Training Institute and Association Boards.
- July 11** Monday, 8:30 p.m. Joint meeting of NPAP Training Institute and Association Boards.